# Supplementary Information for Length-dependent motions of SARS-CoV-2 frameshifting RNA pseudoknot and alternative conformations suggest avenues for frameshifting suppression

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# 1 FSE mutation maps

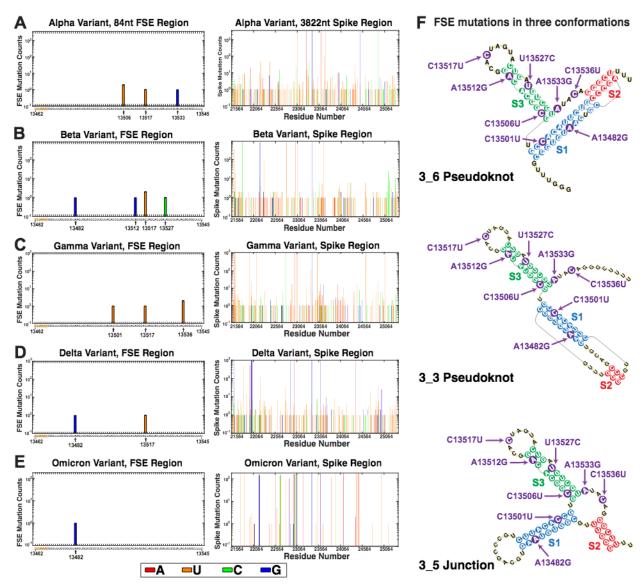
We produce mutation maps for the 84-nt FSE region and the 3822-nt spike gene region of the five major COVID variants (Alpha, Beta, Gamma, Delta, and Omicron) (Supplementary Fig. 1). 3575 available Alpha and 898 Beta variant RNA sequences are downloaded from GISAID <sup>1</sup> on February 8, 2021; 1170 Gamma and 1000 Delta sequences are randomly selected from those downloaded on July 8, 2021; 182 available Omicron sequences are downloaded on November 30, 2021. We then align them with the official SARS-CoV-2 RNA reference sequence of 29891-nt provided by GISAID (Accession ID: EPI\_ISL\_402124), following the same protocol used in our prior paper <sup>2</sup>. The FSE region occupies residues 13462–13545, and the spike gene region occupies 21564–25384.

The FSE region mostly has a single-nucleotide mutation in <1% variant sequences (Supplementary Fig. 1). For the Alpha variant, only 4 out of 3575 sequences have point mutations (C13506U twice, C13517U once, and A13533G once); for Beta and Gamma, only 5/898 and 4/1170, and besides the common C13517U mutation, we observe some new mutations (A13482G, A13512G, and U13527C for Beta, C13501U and C13536 for Gamma); for Delta and Omicron, only 2/1000 and 1/182, and no new mutations.

We label all the FSE mutations in the three conformations 3\_6, 3\_3, and 3\_5 (Supplementary Fig. 1). These mutations are either in Stems 1 and 3, or in the loop regions. They are all transition mutations, i.e., pyrimidine-pyrimidine or purine-purine, and as a result, the 2D structures would not be affected. For example, the A13482G mutation appeared in Beta, Delta, and Omicron variants locates in the 5' strand of Stem 1, forming an A-U base pair in the wildtype and a G-U wobble base pair in the mutant.

On the other hand, the spike gene can have dozens of mutations per sequence, and new mutations are added every time when a new variant appears. All Alpha sequences have 5-11 mutations in the spike gene, and there are 7 high frequency mutations that occur in >70% of the sequences; for Beta, 4-12 mutations per sequence, and 7 high frequency mutations; for Gamma, 2-25 mutations per sequence, and 12 high frequency mutations. Noticeably, these high frequency mutations are mostly different for each variant. More mutations emerge since the Delta variant, having 8-24 mutations per sequence, and 18 high frequency mutations. For Omicron, 15-45 mutations are possible per sequence, and out of 36 high frequency mutations, only 5 have been seen in the previous variants.

Therefore, while the spike gene region is constantly subject to new mutations that change the translated protein structures, the FSE region has very few mutations, even for the Delta and Omicron variants. Moreover, the FSE mutations stay in the same set for all the variants, without introducing new ones, and they seem to maintain the FSE conformation by forming alternative Wobble base pairs or mutating the loop regions. This high conservation thus makes FSE a good drug target.



Supplementary Figure 1: SARS-CoV-2 RNA mutation maps for the (A) Alpha variant, (B) Beta variant, (C) Gamma variant, (D) Delta variant, and (E) Omicron variant for the 84-nt FSE region and the spike gene region. (F) The mutations in the FSE region are labeled in the three motifs 3-6, 3-3, and 3-5.

# 2 Wildtype FSE model validation

### 2.1 Initial 3D model validation

There are 26 initial 3D models: 12 predictions by four programs RNAComposer<sup>3</sup>, SimRNA<sup>4</sup>, iFoldRNA<sup>5</sup>, and Vfold3D<sup>6</sup> for the three motifs 3\_6, 3\_3, and 3\_5 at 77-nt; 8 predictions by the same four programs for the two pseudo-knots 3\_6 and 3\_3 at 87-nt (3\_5 not modeled at this length as it is only observed in the 77-nt landscape); 6 predictions by three programs RNAComposer, iFoldRNA, and Farfar2<sup>7</sup> for the two pseudoknots at 144-nt (SimRNA and Vfold3D failed to produce models at this length).

For each model, we extract the 2D structure using DSSR<sup>8</sup> and describe it in the dot-bracket notation: '.' for single nucleotides, '() []' for base pairs. We then check whether the desired motif (3.6, 3.3, or 3.5) was generated. In addition, we calculate the Hamming distance between the SHAPE-directed and the model's 2D structure, i.e., the number of positions where nucleotides have different dot-bracket symbols (see Supplementary Table 1). If the predicted model yields the desired motif and has a Hamming distance  $\leq$  10, it is accepted (highlighted in green); otherwise, we reject it (red).

Of the 26 models above, we exclude 3 models: the 87-nt 3\_6 SimRNA model because of wrong motif and a large Hamming distance of 14; the 87-nt 3\_3 SimRNA model because of a large Hamming distance of 14; and the 144-nt 3\_3 RNAComposer model because of incorrect motif and a large Hamming distance of 16. Thus, 23 viable models remain, and are subjected to microsecond MD simulations and further validations as described below.

### 2.2 MD trajectory convergence

To examine the convergence of the 23 MD trajectories, we first check the system density, which remains at steady levels for all (Supplementary Fig. 2). Second, we check if the FSE RMSD has reached a steady state or plateau, and those with significant fluctuations in the latter half simulations were extended (Supplementary Fig. 3). Six simulations were extended and reached stable states subsequently: 77-nt 3\_6 Vfold3D for 0.5  $\mu$ s; 144-nt 3\_6 Farfar2 for 0.25  $\mu$ s; 77-nt 3\_3 RNAComposer, Vfold3D, and SimRNA for 0.25  $\mu$ s; and 77-nt 3\_5 iFoldRNA for 0.25  $\mu$ s.

Third, since RMSD is a coarse evaluation of structural variability, and low RMSD does not necessarily indicate stable base interactions, we also calculate eRMSD using Barnaba<sup>9</sup> to measure the distance between two 3D structures by considering the relative positions and orientations of their nucleobases <sup>10</sup>. The evolution of eRMSDs over the trajectories is shown in Supplementary Fig. 4, and in all cases, eRMSD maintains a steady state over the last 500 ns.

Finally, we check the simulation stability by monitoring the evolution of the radii of gyration and the number of hydrogen bonds. All MD simulations achieve steady plateaus for the radius of gyration (Supplementary Fig. 5). The cumulative number of hydrogen bonds is counted and plotted against the residue number. The number increases in the 5' strand of a stem, and decreases in the 3' strand. These mountain-like plots show consistent patterns over simulations for all the systems (Supplementary Fig. 6).

### 2.3 MD trajectory structure validation

As all MD trajectories for the 23 acceptable candidate models are stable and convergent, we perform additional validation tests. We subject the (equilibrated) start, middle, and end MD structures, as well as the cluster center structure (see Section 4 for clustering details) to the following criteria (see Supplementary Table 2):

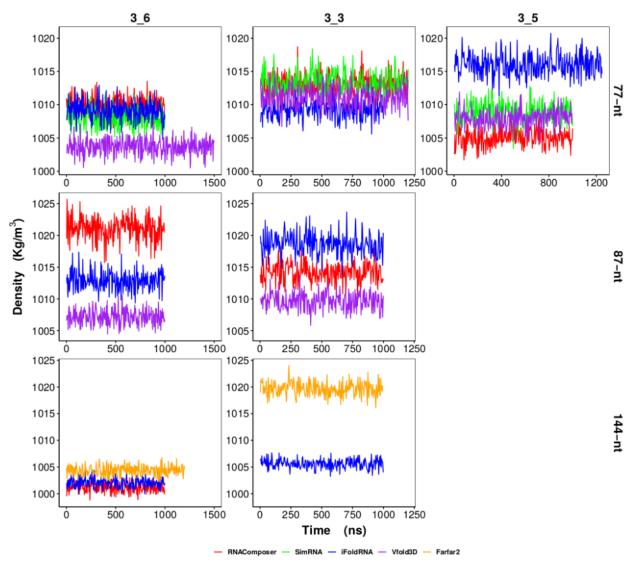
- 1. If the model fails to maintain the correct motif (3-6, 3-3, or 3-5) during the simulation, it is rejected (red).
- 2. If the Hamming distance between the SHAPE and the model's 2D structure is > 10, the model receives a warning (orange), which makes it less likely to be chosen as the representative structure.
- 3. For the MD end and cluster center structures, we perform all-atom contact analysis using MolProbity<sup>11</sup>, which checks steric clashes, RNA sugar puckers, and RNA backbone conformations. If the structure has a clashscore > 5 (number of steric clashes that overlap ≥0.4 Å per thousand atoms), it receives a warning (orange).

After these validations, we exclude 4 models because of wrong motif (see Supplementary Table 2): the 87-nt 3\_6 Vfold3D, the 77 and 87-nt 3\_3 RNAComposer, and the 87-nt 3\_3 Vfold3D. Hence, 19 models remain.

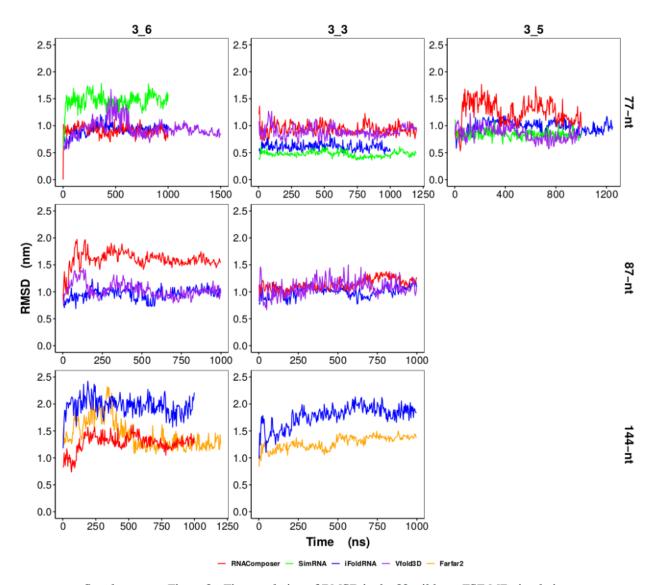
Supplementary Table 1: Wildtype FSE initial 3D model validation. Each model is checked for motif and 2D structure consistency with SHAPE-directed 2D input structure. Models with wrong motif or Hamming distance > 10 are rejected and highlighted in red; otherwise, accepted and highlighted in green.

Conformer	Program	2D structure	Motif	Hamming distance
	SHAPE	((((((((((((((((((((((((((((((((((		
	RNAComp	(((((((([[[[[:]]])))))).((((((())),))))).].]]]]]	Yes	4
77-nt 3_6	iFoldRNA	(((((((((())).))].]]]]]	Yes	6
	SimRNA	((((((((([[[[[[]]))))))))((((((()).))))))))]].]]]]].]	Yes	6
	Vfold3D	((((((((([[[[[[.:))))))))((((((())).)))))].]]]]]	Yes	4
	SHAPE	((()))(((((((((((([[[[D))))))))).(((((((())).))))))		
	RNAComp	((()))((((((((((([[[[]]))))))))((((((())).)))))]]]]]	Yes	2
87-nt 3_6	iFoldRNA	.(())((((((((((((((((((((((((((	Yes	6
	SimRNA	(((())))(((((((((((((((((((((((((	No	14
	Vfold3D	((()))((((((((((([[[[:))))))))).(((((((())).)))))))]]]]	Yes	2
	SHAPE	(((.(((()))).)))(((())))((((((		
	RNAComp	.(((.(((()))).)))((()))((((((	Yes	4
144-nt 3_6	iFoldRNA	(((.(((()))).)))(((())))((((((	Yes	10
	Farfar2	(((.((((())))).))((((()))))(((([[[[[)))).))))(((((((	Yes	10

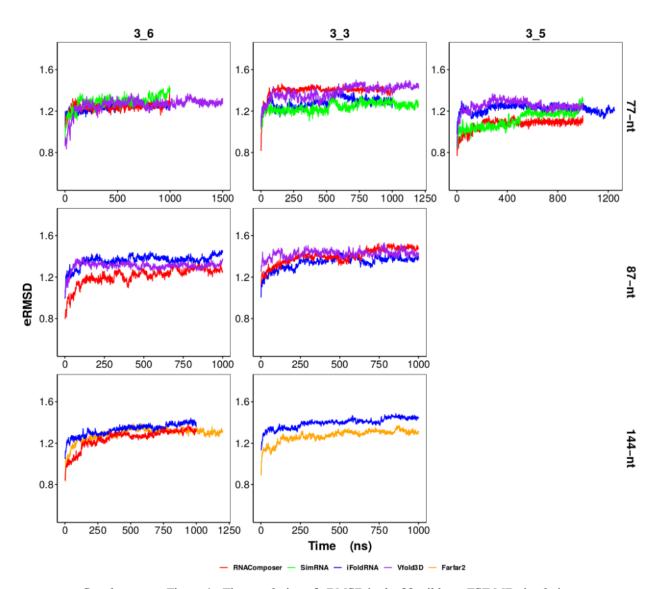
	SHAPE	[[[[((((((((.())).)))))		
	RNAComp	[[[((((((((.())))).))).	Yes	4
77-nt 3_3	iFoldRNA	[[[[(((((((]]]]))))))(((.(((())).)).)))	Yes	10
	SimRNA	[[[[(((((((.(.(.)).))))))))((((((()).))	Yes	6
	Vfold3D	[[[(((((((.(]]]))))))((((((())).)))	Yes	4
	SHAPE	((((([[[[](((((((]]]]]))))))))(((((((())).)))		
	RNAComp	((.([[[((((((((]]]))))))))(((((((())).)))	Yes	8
87-nt 3_3	iFoldRNA	(((.([[[[[((((((]]]]].)))))).(((((((())).)))	Yes	6
	SimRNA	(((((([[[[[])((((((]]]]]]]))))))(.((((((((	Yes	14
	Vfold3D	(.((([[(((((.((]]))).)))))((((((())).)))	Yes	10
	SHAPE	(((.(((()))).)))(((.(((([[[[[((((((((		
144-nt 3_3	RNAComp	(((.(((()))).)))(((((((((((	No	16
144-111 3_3	iFoldRNA	.(((.(((()))).)))(((((([[(((((((]]].)))))))))((((((())).))	Yes	10
	Farfar2	(((.(((()))).)))(((((([[[[[](((((((]]]]]]))))))))).((((((((	Yes	6
	SHAPE	(((((.(((((((((((((((((((((((((((((((((		
	RNAComp	(((((.((((((((())))))))))(((((((	Yes	0
77-nt 3_5	iFoldRNA	.(((((((((.((.()))).))))((.((((	Yes	10
	SimRNA	(((((((((((((((((((((((((((((((((((((((	Yes	8
	Vfold3D	(((((.(((((((().)))))))))(((((((	Yes	2



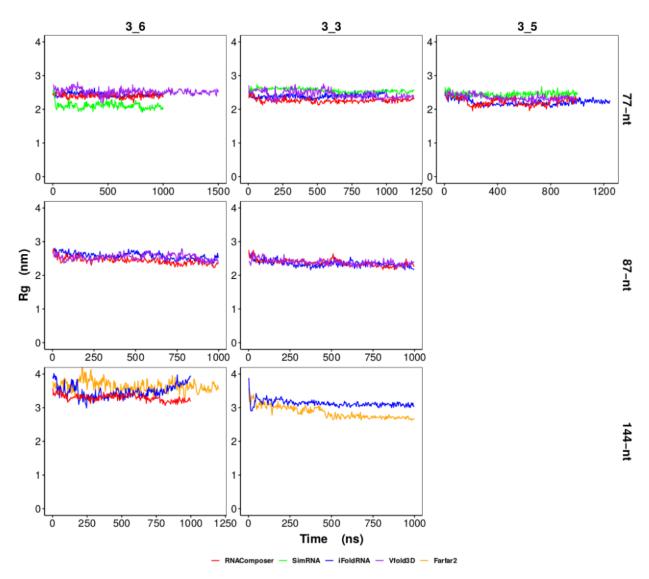
Supplementary Figure 2: Time evolution of system density in the 23 wildtype FSE MD simulations.



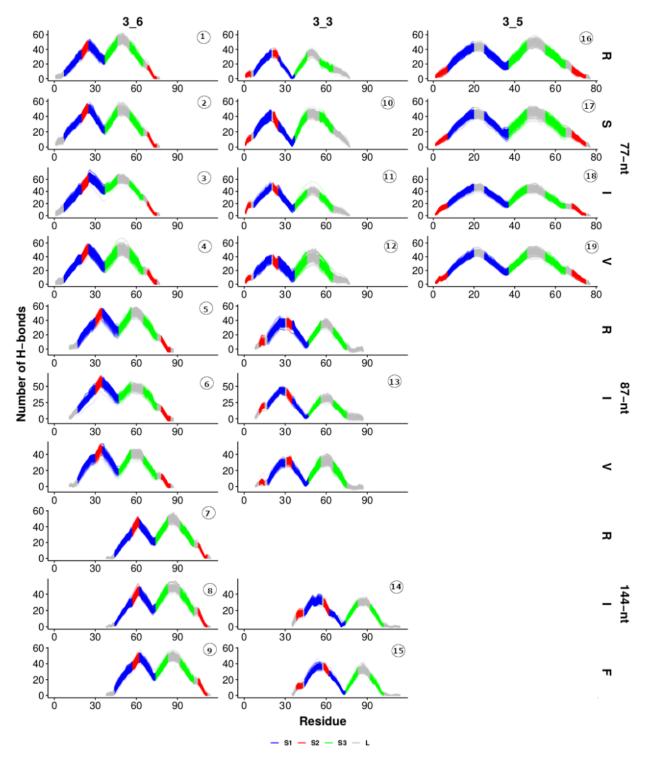
Supplementary Figure 3: Time evolution of RMSD in the 23 wildtype FSE MD simulations.



Supplementary Figure 4: Time evolution of eRMSD in the 23 wildtype FSE MD simulations.



Supplementary Figure 5: Time evolution of the radius of gyration in the 23 wildtype FSE MD simulations.



Supplementary Figure 6: Hydrogen bonds in the 23 wildtype FSE MD simulations. The cumulative number of hydrogen bonds by residue is calculated, with S1 residues in blue, S2 in red and S3 in green. Data for analysis are extracted from MD structures every 100 ns. Trajectory numbers from Table 1 in the paper are labeled for reference. Those without numbers were rejected.

Supplementary Table 2: Wildtype FSE MD model validation. For each MD trajectory, the start, middle, and end frames, as well as the cluster center structure are checked for motif and 2D structure consistency with SHAPE-directed 2D input structure. Clashscores are calculated using MolProbity <sup>11</sup>, and 3\_6 models are aligned with the four experimental structures (Jones et al., PDB: 7LYJ <sup>12</sup>; Roman et al., PDB: 7MLX <sup>13</sup>; Bhatt et al., PDB: 7O7Z <sup>14</sup>; Zhang et al., PDB: 6XRZ <sup>15</sup>) using PyMol *align* <sup>16</sup>. Trajectories that fail to maintain the correct motifs are rejected (red), and those with Hamming distances >10 or clashscores >5 are noted but still retained (orange).

Conformer	Program	Timestep	2D structure	Motif	Hamming distance	RMSD from reference (Å)	Clash score
	SHAPE		(((((((((4[[[[[[])))))))))((((((()))-)))))[]-]]]]]				
		MD start	((((((([[[[[:]))))))((((((())).)))))].]]]]	Yes	6		
		MD mid	(.((((([[[[[))))))((((((())).)))	Yes	12		
	RNAComp	MD end	(.(((((([[[[.1))))))(((((((())).)))))]]	Yes	10	8.46 (Jones) 6.55 (Roman) 10.86 (Bhatt) 10.60 (Zhang)	2.84
		Cluster	(((((([[[[)))).)((((((((	Yes	14	7.05 5.50 11.27 10.93	1.62
	iFoldRNA	MD start	(((((((([[[[[].))))))((((((())).))))].]]]]]	Yes	6		
<b>77</b> -1 2 6		MD mid	(((((((((([[[[[]]]))))))))(((((()))-))))]]-]]]]]	Yes	3		
77-nt 3_6		MD end	(.(((((([[[[[]]))))).)).(((((()))))))]]]]	Yes	6	4.00 4.77 12.51 13.31	3.65
		Cluster	(((((((((([[[[[[]]]))))))))(((((()))-))))]]-]]]]]	Yes	3	3.67 4.81 13.00 13.17	2.03
		MD start	(((((((((([[[[[]))))))))((((((())-)))-))))]].]]]]]].	Yes	6		
		MD mid	((((.((.([[[.].))))))).(((.(())))))	Yes	12		
	SimRNA	MD end	((((((((([[[].)))))))((((((())).)))))	Yes	11	13.33 13.30 11.52 11.69	3.25
		Cluster	(((((((((.([[[].)))))))).(((.(())))))]]]]	Yes	11	13.78 13.47 11.48 12.62	2.43

		MD start	(((((((([[[[[[))))))))((((((())).)))	Yes	4		
		MD mid	((((((((((((((((((((((((((((((((((	Yes	8		
	Vfold3D	MD end	((((((((([[[[)))))))))(((((((.()))).)))	Yes	8	4.48 4.73 12.12 12.59	4.06
		Cluster	((((((((([[[[)))))))))(((((((.()))).)))	Yes	8	3.65 4.93 12.68 12.86	1.62
	SHAPE		((()))(((((((((((((((((((((((				
		MD start	((())(((((((.((([[[])))))))))(((((()).)))))	Yes	2		
		MD mid	(())(((((((.(.(.[I]D)))))))(((((())).))))]]]	Yes	8		
	RNAComp	MD end	((())(((((((.[[[])))))))(((((())).))))]]]	Yes	6	7.48 8.46 11.00 10.14	3.24
		Cluster	((()))(((((((((((((((((((((((	Yes	6	7.79 8.16 9.88 10.15	5.04
		MD start	.(())((((.4.4(-[[[])).))))(((((())).))))]]]	Yes	12		
87-nt 3_6		MD mid	()(((((((((-(.[[[]-))))))).((((((()))-)))))]]]]	Yes	10		
	iFoldRNA	MD end	(((((((.[[[])))))(((((().)))))]]]]	Yes	18	4.30 6.85 15.60 13.97	2.16
		Cluster	(((((((((.{[[[].))))))).((((.(()))))))]]]]	Yes	12	3.99 7.07 15.80 14.25	2.16
		MD start	(((3))((((((((([[[]3)))))))))((((((()).3))))	Yes	4		
	Vfold3D	MD mid	(())(((((((([[[)))))))((((())).)))	Yes	16		
		MD end	(())((((((([[[))))))((((()))))))	Yes	16	11.20 8.10 14.64 11.70	5.04

		Cluster	(((((((((.[[[].))))))),(((((()))))))]]]]	No	12	11.25 5.52 14.34 8.81	3.6
			(((.((()))))))(((())))((((((				
	SHAPE		))).)))))]]]]]((.(((()))).))				
		MD start	(((.((())).)))((()))((((((	Yes	2		
		MD mid	((.((())).))((()))	Yes	14		
	RNAComp	MD end	((.(()).))((()))((((((	Yes	16	5.55 7.45 10.88 11.60	3.26
		Cluster	(((.((()))).))(((()))((((((.[[D.)))))))(((((( .))).))))	Yes	12	4.17 6.63 12.14 11.35	1.74
	iFoldRNA	MD start	(((.(((())).)))(((())))((((((	Yes	8		
		MD mid	(((.((())).)))(((())))((((((	Yes	10		
144-nt 3_6		MD end	((.((()).)))((((()))))((((((	Yes	10	2.82 5.02 16.14 13.25	4.35
		Cluster	(((.((())).)))((((()))))((((((	Yes	16	3.55 7.42 12.45 12.31	2.18
		MD start	(((.((((()))).)))(((()))))((((((	Yes	8		
		MD mid	.(((.(())))))()((((((([[[[.])))))))).(((((())).)))))	Yes	15		
	Farfar2	MD end	((.(((()))))))((())((((((	Yes	15	7.05 3.50 11.82 11.72	3.05
		Cluster	(((.((())).)))(((((((([[[[[))))))))	Yes	21	8.37 4.10 12.34 10.57	1.52
77_pt 2 2	SHADE						
77-nt 3_3	SHAPE		[[[[(((((((.((.((.((((((((((((((((((				

		MD start	[[[(((((((.(]])))))))).((((((())).)))	Yes	4	
	PNA Comp	MD mid	((((((((.(.()))))))))((((((((	No	12	
	RNAComp	MD end	((((((((.()))))))))((((((((	No	12	1.12
		Cluster	((((((((.()))))))))(((((((	No	12	2.43
		MD start	[[[[(((((((]]]])))))))(((.(((())).)).)))	Yes	10	
	iFoldRNA	MD mid	IIII(((((((((-((-IIID)))))))))(((((((()))-))))))	Yes	2	
	IFOIUKINA	MD end	IIII((((((((.(.(.IIID))))))))((((((())).)))))	Yes	0	2.43
		Cluster	[[[((((((((.(.(.([]]D))))))))(((((.(())))))))	Yes	7	2.43
		MD start	IIII(((((((((-((-IIID)))))))))((((((((())-)))-)))))	Yes	6	
	SimRNA	MD mid	[[.1((((((.(([[])))))))))((((().))))))	Yes	10	
	Sime	MD end	[].[((((((((((][])).))))))(((())).))))	Yes	14	5.27
		Cluster	[[.[((((((((((((((((((((((((((((((((	Yes	14	0.81
		MD start	III(((((((.{(IID)))))))(((((((())).)))))	Yes	4	
	Vfold3D	MD mid	[[(((.4((((]]))))))(((((())).)))	Yes	14	
	Viola3D	MD end	[[(((.4(((])))).)))(((((((())).)))	Yes	12	2.03
		Cluster	[[(((.4((((]])))).)).4((((((())).)))))	Yes	10	2.84
	CVV + TVV					
	SHAPE		((((([]]]((((((((]]]]]))))))))((((((((			
87-nt 3_3		MD start	(((([((((((((])))))))((((((())).3)))))	No	10	
	RNAComp	MD mid	((((((((((())))))))((((((	No	20	
		MD end	(((((((((((())))))))))((((((	No	19	3.24

		Cluster	(((((((((((())))))))))((((((	No	19	1.44
		MD start	((((()]]]))))))	Yes	0	
	TE-LADALA	MD mid	([[[[](((((((]]]]].)))))).(((((())).))))	Yes	14	
	iFoldRNA	MD end	([[[[](((((((]]]]))))))).(((((((())).)))	Yes	10	0.72
		Cluster	(:[][[]((((((((]]]]])))))).(((((((())).)))	Yes	10	1.8
		MD start	(((((([	Yes	8	
	Vfold3D	MD mid	(((((((((((()))))))).(((((((	No	14	
	Viola3D	MD end	(((((((((())))))).((((.4((())).).)))))	No	20	2.16
		Cluster	((((((((())))))).((((((((	No	20	1.8
	SHAPE		(((.((())).)))(((((([[[](((((((]]]]]))))))))))			
	iFoldRNA	MD start	(((.((())).)))((((((([[[(((((]]]])))))((((((( )))))))))))))))))))	Yes	10	
		MD mid	(((.((())).)))((([[[((((]]]]))))((((((())))))))	Yes	20	
	II viult. (A	MD end	((.((())).)).(([[[((((]]])))).((((((())).))	Yes	24	2.61
144-nt 3_3		Cluster	(.(((()))).(([[[((((]]]])))).((((((())))	Yes	24	2.18
		MD start	(((.((())).)))(((((([[[[[]((((((.][]]]]])))))))).(((((( )).))))))).((((())).))	Yes	4	
	For 2	MD mid	(((.((())).)))(((([[[(((((((]]].)))))))))(((((( .))).)))))))))((((())).)).	Yes	12	
	Farfar2	MD end	(((.((())).)))(((([[(((((((]]].)))))))))(((((( ))).)))))))))(((()))))	Yes	12	3.7
		Cluster	((.((())).)).((([[[((((([]]).)).)))))((((((	Yes	18	2.39
77-nt 3_5	SHAPE		(((((.(((((((((((((((((((((((((((((((((			

	MD start	((-((((((((((((((((((((((((((((((((((((	Yes	9	
DNI Comm	MD mid	((-((((((((((((((((((((((((((((((((	Yes	14	
RNAComp	MD end	(((((((((((((((((((((((((((((((((((	Yes	14	1.62
	Cluster	(((((((((((((((((((((((((((((((((((	Yes	14	1.62
	MD start	(((((((((((((((((((((((((((((((((((((((	Yes	2	
	MD mid	(.(((((((((().))))))).((((((	Yes	8	
iFoldRNA	MD end	((((((((((	Yes	8	3.65
	Cluster	(-((-((((((((((((((((((((((((((((((((((	Yes	8	0.41
	MD start	(((((((((((((((((((((((((((((((((((((((	Yes	10	
SimRNA	MD mid	((((((((((((())))))))(((((((	Yes	16	
SIMKNA	MD end	((((.((((((())))))))))(((((	Yes	16	3.65
	Cluster	((((((((((().))))))((((((.())	Yes	16	3.65
	MD start	((((.((((((((((((((((((((((((((((((((((	Yes	2	
Vie Lien	MD mid	(((.(((((((((((	Yes	8	
Vfold3D	MD end	((((((((((((	Yes	8	4.06
	Cluster	(((((((((((().))))))))((((((().))))))	Yes	10	2.03

# 3 MD/Experiment comparison and representative model selection

We align all the validated 3\_6 MD end and cluster center structures with the four available experimental structures using common FSE regions (66-nt Jones et al. crystallography <sup>12</sup>, 65-nt Roman et al. crystallography <sup>13</sup>, 77-nt FSE segment from the Bhatt et al. mRNA-ribosome Cryo-EM complex <sup>14</sup>, 88-nt Zhang et al. Cryo-EM <sup>15</sup>), with RMSD calculated (Supplementary Table 2).

We summarize all the validation and alignment results in Supplementary Table 3. For 77-nt 3\_6, Vfold3D receives no warning and has the lowest crystal structure alignment RMSD (3.65 Å) with the Jones et al. model, followed by iFoldRNA (3.67 Å). However, Vfold3D fails to maintain the 3\_6 motif at 87-nt, and cannot predict the 144-nt 3\_6 due to sequence length limitation. Because the 87 and 144-nt iFoldRNA systems have the lowest RMSDs when aligned to the Jones et al. crystal structure, we choose them as representatives for 3\_6. Regarding the alignment with Cryo-EM structures, RNAComposer systems achieve the lowest RMSDs at 77 and 87-nt, and the second lowest at 144-nt, so they are chosen as 3\_6 representatives as well.

For 3\_3 systems, only iFoldRNA systems maintain the correct motif at all lengths. Moreover, they always receive the least number of warnings. Hence, we choose iFoldRNA systems as the representative structures. For 3\_5 systems, both iFoldRNA and Vfold3D receive no warning. From multi-trajectory cluster analysis shown in Fig. 2 of the main manuscript, we find they form a compact and an elongated 3\_5 junction. Hence, we choose both as representative cases.

Supplementary Table 3: Summary table for the wildtype model validations. For rejected models, we specify step number (initial or MD validation) and reason for rejection. For accepted models, we specify how many warnings they receive due to large Hamming distances and high clashscores. In addition, we list the best alignment RMSDs between our 3\_6 cluster centers and the two crystal structures by Jones et al. (PDB ID: 7LYJ) and Roman et al. (PDB ID: 7MLX), as well as the best alignment with the Cryo-EM structure by Zhang et al. (PDB ID: 6XRZ) and the FSE segment extracted from the Bhatt et al. mRNA-ribosome Cryo-EM complex (PDB ID: 707Z). The lowest RMSDs are labeled with asterisk for each length. Trajectory numbers 1-19 refer to labels used in Table 1 with representatives highlighted in yellow.

	Rejected Models							
Conformer	Program	Step	Rejection reason					
87-nt 3_6	at 3_6 SimRNA Initial Wrong motif, Hamming 14							
87-nt 3_3	SimRNA Initial Hamming 14							
144-nt 3_3	RNAComp	Initial	Wrong motif, Hamming 16					
87-nt 3_6	Vfold3D	MD	Wrong motif (cluster)					
77-nt 3_3	RNAComp	MD	Wrong motif (MD mid, end, cluster)					
87-nt 3_3	RNAComp	MD Wrong motif (MD start, mid, end, cluster)						
87-nt 3_3 Vfold3D MD Wrong motif (MD mid, end, cluster)								

			Accepted	Models	
Conformer		Program	Warnings	Crystal RMSD (Å)	Cryo-EM RMSD (Å)
	1	RNAComp	1	5.50 (Roman)	10.93* (Zhang)
77-nt 3_6	2	SimRNA	3	13.47 (Roman)	11.48 (Bhatt)
77-11: 520	3	iFoldRNA	0	3.67 (Jones)	13.00 (Bhatt)
	4	Vfold3D	0	3.65* (Jones)	12.68 (Bhatt)
87-nt 3_6	5	RNAComp	0	7.79 (Jones)	9.88* (Bhatt)
87-111 3_0	6	iFoldRNA	3	3.99* (Jones)	14.25 (Zhang)
	7	RNAComp	3	4.17 (Jones)	11.35 (Zhang)
144-nt 3_6	8	iFoldRNA	1	3.55* (Jones)	12.31 (Zhang)
	9	Farfar2	3	4.10 (Roman)	10.57* (Zhang)
	10	SimRNA	3		
77-nt 3_3	11	iFoldRNA	0		
	12	Vfold3D	2		
87-nt 3_3	13	iFoldRNA	1		
144-nt 3_3	14	iFoldRNA	3		
144-11( 3_3	15	Farfar2	3		
	16	RNAComp	3		
77-nt 3_5	17	SimRNA	3		
/ /-IIL 3_3	18	iFoldRNA	0		
	19	Vfold3D	0		

# 4 Wildtype FSE MD clustering analysis

### 4.1 Conformational sampling heterogeneity

To identify different FSE conformations sampled by the MD simulations, we perform clustering analysis for each of our validated 19 MD trajectories listed in Table 1. Structures from the last 500 ns are extracted every 200 ps, so 2500 structures are used for each trajectory. A cutoff of 2.5 Å is set for the 77-nt and 87-nt systems, and a cutoff of 3.5 Å is set for the 144-nt systems, so that a feasible number of clusters is produced with outlier structures excluded. In Supplementary Fig. 7, we rank the clusters by size, and plot the cumulative fraction of structures contained in the clusters against the number of clusters. We count the number of top clusters that contain 75% of structures in each trajectory (Supplementary Table 4.)

The cluster numbers vary significantly among different trajectories, suggesting that some trajectories sample a wider region than others (Supplementary Fig. 7). Interestingly, the most heterogeneous and homogeneous sampling both occur in the 3-6 iFoldRNA systems, with 85 clusters covering 75% structures for 144-nt trajectory, while only 2 clusters for 77-nt (Supplementary Table 4). Similar observations from 3-3 and 3-5 systems further suggest that the sampling performance is independent of the 3D program and the FSE motif. Moreover, no relation is found between cluster numbers and system lengths. For the 3-6 systems, 144-nt trajectories have more clusters than 77-nt and 87-nt, but for 3-3, 144-nt trajectories have the least numbers of clusters.

### 4.2 Major conformations sampled

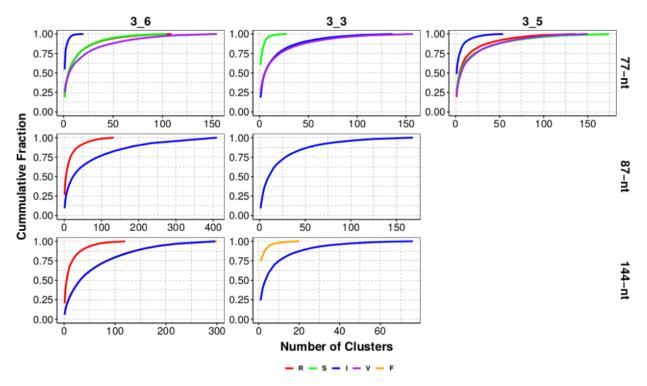
Centers of the top clusters that contain 75% of the structures are superimposed in Supplementary Fig. 8. Overall, the cluster centers of each trajectory align well. The loop regions fluctuate more than the stems.

For the 3\_6 pseudoknot, both an L and a linear shape are captured. At 77-nt, trajectories 1 and 2 have the L shape and trajectories 3 and 4 adopt the linear. At longer lengths, all exhibit linear shape except trajectory 5. Compared to the central FSE 3-stem region, the two ends take distinct helical arrangements in different systems, as we can see from trajectories 7-9. Another notable feature of the 3\_6 structures is the 5' threading described in Fig. 4. Here, we find that all L shape 3\_6 structures have threading, probably due to a wider ring hole caused by Stem 3 bending (Supplementary Fig. 8). For the linear shape, the non-threaded conformation is preferred.

For the 3\_3 pseudoknot, the triplets discussed in Fig. 6 involving all Stem 2 interactions are found in 2 of the 3 trajectories at 77-nt (Supplementary Table 4). The flanking stem SF forms in all systems at 87-nt and 144-nt, which

eliminates alternative Stem 2 interactions and stabilizes the 3\_3 pseudoknot.

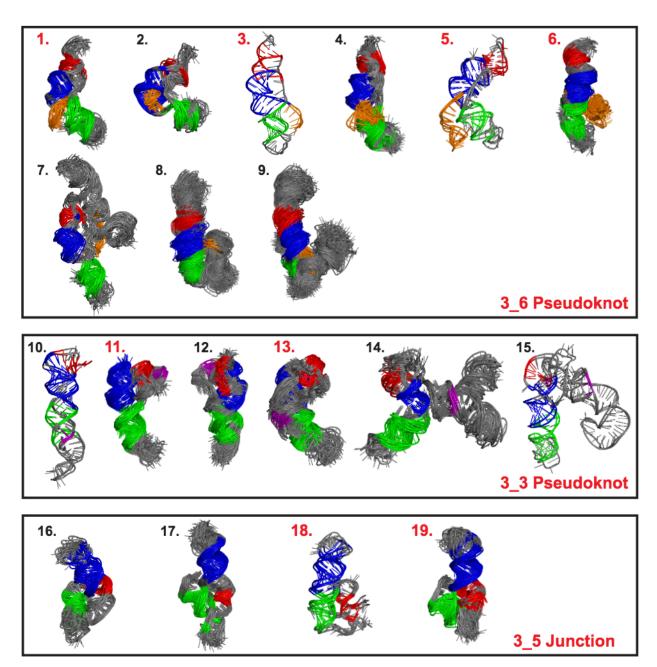
For the 3\_5 junction, two trajectories take an elongated shape, and two others are more compact. The two elongated structures both have Stems 1 and 2 co-axial stacking (Supplementary Table 4).



Supplementary Figure 7: Cluster analysis of the FSE MD simulations for the 19 validated structures. Cumulative fraction of the structures is calculated as the number of clusters increases. The clusters are ranked from the largest to the smallest in size. To make sure that a feasible number of clusters exist in all the systems of the same length, a cutoff is defined to be 2.5 Å for 77 and 87-nt, or 3.5 Å for 144-nt.

Supplementary Table 4: Conformational details of the validated wildtype systems. The trajectories are numbered following Table 1. Representative systems are highlighted in yellow. The number of clusters needed to capture 75% of the MD structures is listed. For 3\_6, we indicate if the 5' end threads through the ring (formed by 3' strand of Stem 1, and the Stem 1/3 and 2/3 junctions, see Fig. 4), and whether the structure holds the L or linear shape. For 3\_3, we check if similar triplets seen in Fig. 6 are formed by Stem 2 with the 3' end, and whether the flanking stem SF forms. For 3\_5, we indicate the co-axial stacking and the shape.

		3	3_6 Systems	
T	rajectory	Clusters	Threaded 5' end	L or linear shape
1.	77-nt R	16	Yes	L
2.	77-nt S	16	Yes	L
3.	77-nt I	2	No	Linear
4.	77-nt <b>V</b>	23	Yes	Linear
5.	87-nt R	3	Yes	L
6.	87-nt I	38	No	Linear
7.	144-nt R	17	No	Linear
8.	144-nt I	85	No	Linear
9.	144-nt F	83	Yes	Linear
			3_3 Systems	
T	rajectory	Clusters	Stem 2 triplets	Stem SF
10.	77-nt S	3	No	No
11.	77-nt I	19	Yes	No
12.	77-nt V	21	Yes	No
13.	87-nt I	29	No	Yes
14.	144-nt I	11	No	Yes
15.	144-nt F	2	No	Yes
			3_5 Systems	
	rajectory	Clusters	Co-axial stacking	Elongated or compact
16.	77-nt R	16	S1, S2	Compact
17.	77-nt S	22	S1, S2	Elongated
18.	77-nt I	5	S1, S3	Compact
19.	77-nt V	23	S1, S2	Elongated



Supplementary Figure 8: Cluster center structures of the 19 validated wildtype systems, following enumeration in Table 1. Representative systems are numbered in red. For each trajectory, the centers of the top clusters that include 75% of the MD structures (Supplementary Fig. 7) are superimposed. Stem 1 is colored blue, Stem 2 red, and Stem 3 green. For 3\_6, the 5' end is colored orange. For 3\_3, two 3' end residues that form Stem 2 triplets in Fig. 6 are colored purple.

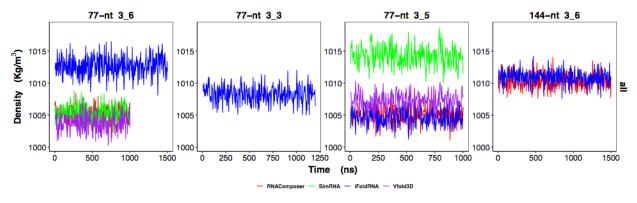
## 5 Mutant FSE models

Motif strengthening mutants in this work include 77-nt and 144-nt 3\_6 pseudoknot, 77-nt 3\_3 pseudoknot and 77-nt 3\_5 junction. Mutants are predicted using the programs that have generated convergent and valid MD trajectories for the corresponding wildtype conformations. This leads to 11 predicted mutant systems (Supplementary Table 5).

Validation for mutant systems follows the same protocol as that for wildtype systems, including examination of graph topology and 2D structure for initial 3D predictions, and convergence for MD simulations. All the 11 initial predictions have correct motifs and consistent 2D structures with SHAPE.

Subsequent MD trajectories are examined for convergence and structural stability. All systems have steady NPT ensemble density (Supplementary Fig. 9). Simulations with large RMSD fluctuations were extended beyond 1 microsecond, including 77-nt 3\_6 iFoldRNA, 77-nt 3\_3 RNAComposer and iFoldRNA, and 144-nt 3\_6 RNAComposer and iFoldRNA. All these systems reached stable RMSD plateau subsequently, except for 144-nt 3\_6 RNAComposer (Supplementary Fig. 10). However, its RMSD fluctuations are caused by the flexible upstream and downstream stems, while its central 77-nt FSE region exhibits a relatively stable RMSD (shown as a dashed line in Supplementary Fig. 10). As its eRMSD, Rg, and H-bond evolutions are all stable (Supplementary Fig. 11, Supplementary Fig. 12, Supplementary Fig. 13), we regard these fluctuations inherent and do not exclude this system. All systems exhibit inherent and stable eRMSD (Supplementary Fig. 11), radius of gyration (Supplementary Fig. 12), and H-bond numbers (Supplementary Fig. 13).

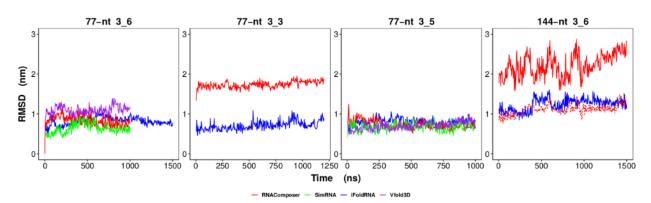
Finally, all converged trajectories are tracked for 2D structure and motif. All trajectories maintain the correct motifs throughout the simulations, and their Stem 2 lengths are listed in Supplementary Table 5. Representative systems are: SimRNA for 77-nt 3\_6, RNAComposer for 144-nt 3\_6, iFoldRNA for 77-nt 3\_3, and iFoldRNA for 77-nt 3\_5.



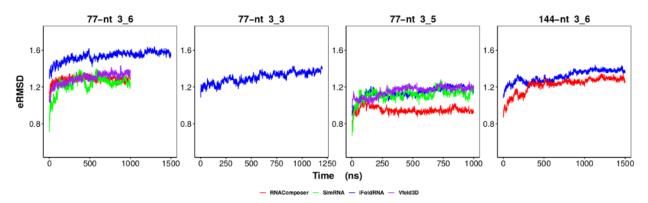
Supplementary Figure 9: Time evolution of system density in the 11 mutant FSE MD simulations.

Supplementary Table 5: Mutant FSE model validation. We monitor the Stem 2 length in the initial 3D model, MD start, MD middle, and MD end frames, as well as the largest cluster center structure. The trajectories are numbered following Table 1. Models with longest (i.e., more stable) Stem 2 are chosen as representatives and highlighted in yellow.

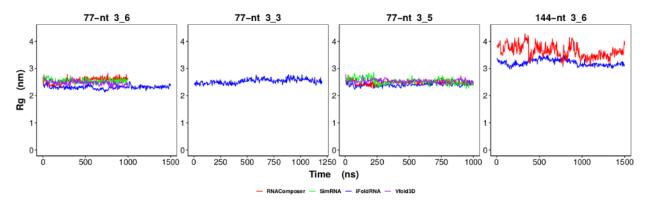
Conformer		Drogram	Stem 2 base pairs					
Comormer	Program		Initial	MD start	MD mid	MD end	Cluster	
77-nt M3_6	1'	RNAComp	9	9	4	4	4	
	2'	SimRNA	9	9	8	9	9	
//-IIt WI3_0	3'	iFoldRNA	8	9	6	7	7	
	4'	Vfold3D	9	9	9	8	8	
144-nt M3_6	7′	RNAComp	8	8	4	5	5	
144-IIt W15_0	8'	iFoldRNA	5	5	4	5	4	
77-nt M3_3	11'	iFoldRNA	7	7	6	7	7	
	16′	RNAComp	6	7	7	6	7	
77-nt M3_5	17′	SimRNA	6	7	7	7	7	
	18′	iFoldRNA	6	7	7	7	7	
	19′	Vfold3D	7	6	6	6	6	



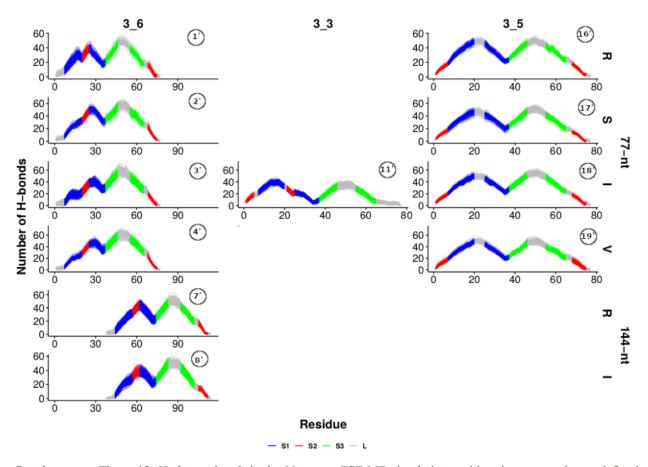
Supplementary Figure 10: Time evolution of RMSD in the 11 mutant FSE MD simulations. For the 144-nt 3\_6 RNAComposer (red) mutant system, we also plot the RMSD evolution for the central 77-nt FSE region (dashed).



Supplementary Figure 11: Time evolution of eRMSD in the 11 mutant FSE MD simulations.



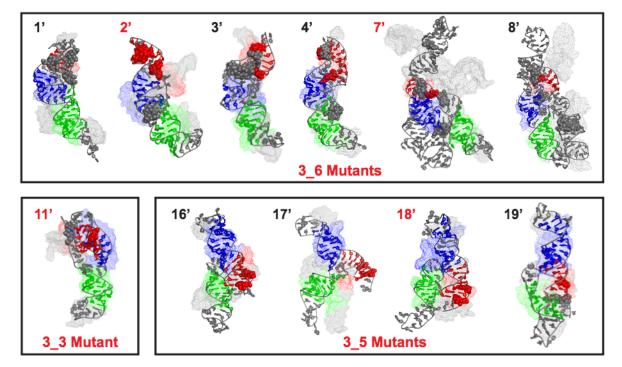
Supplementary Figure 12: Time evolution of the radius of gyration in the 11 mutant FSE MD simulations.



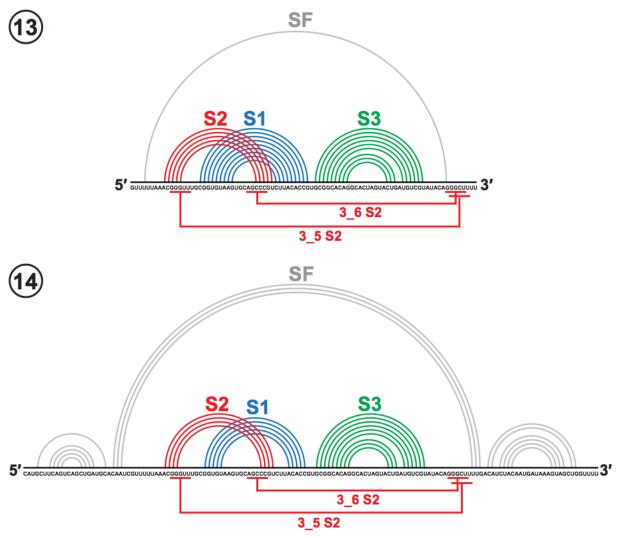
Supplementary Figure 13: Hydrogen bonds in the 11 mutant FSE MD simulations, with trajectory number as defined in Table 1. The cumulative number of hydrogen bonds by residue is calculated, with S1 residues in blue, S2 in red and S3 in green. Structures for analysis are extracted every 100 ns in MD simulations.

Supplementary Table 6: Comparison of the motif-strengthening mutants to the wildtype systems. The trajectories are numbered following Table 1. Representative systems are highlighted in yellow. For 3\_6, we check whether there is change in the 5' end threading and the structure shape. For 3\_3, we search for the Stem 2 triplets seen in Fig. 6 and the flanking stem SF. For 3\_5, we check for co-axial stacking and the shape.

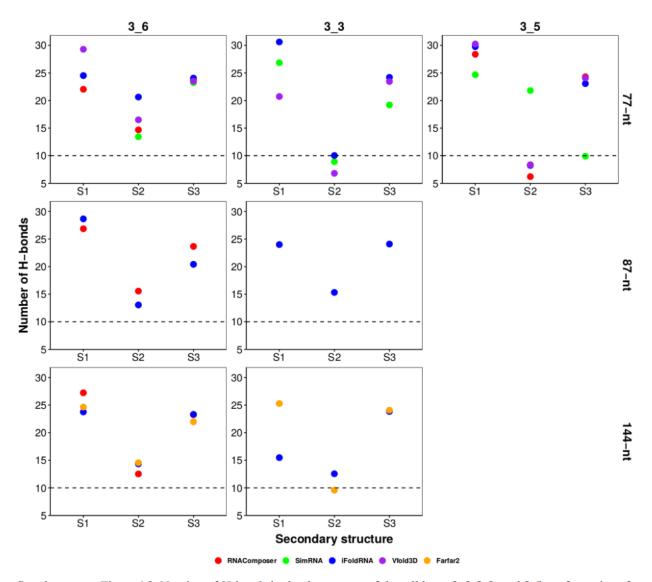
Trajectory		Mutant		Wildtype	
3_6 Pseudoknot		Threaded	Shape	Threaded	Shape
1'	77-nt R	Yes	Linear	Yes	L
2′	77-nt S	Yes	Linear	Yes	L
3′	77-nt I	No	Linear	No	Linear
4′	77-nt V	No	Linear	Yes	Linear
7′	144-nt R	No	Linear	No	Linear
8′	144-nt I	No	Linear	No	Linear
3_3 Pseudoknot		Stem 2 triplets	Stem SF	Stem 2 triplets	Stem SF
11'	77-nt I	No	No	Yes	No
3_5 Junction		Co-axial stacking	Shape	co-axial stacking	Shape
16′	77-nt R	S1, S2	Elongated	S1, S2	Compact
17′	77-nt S	S1, S2	T shape	S1, S2	Elongated
18′	77-nt I	S1, S2	Elongated	S1, S3	Compact
19′	77-nt V	S1, S2	Elongated	S1, S2	Elongated



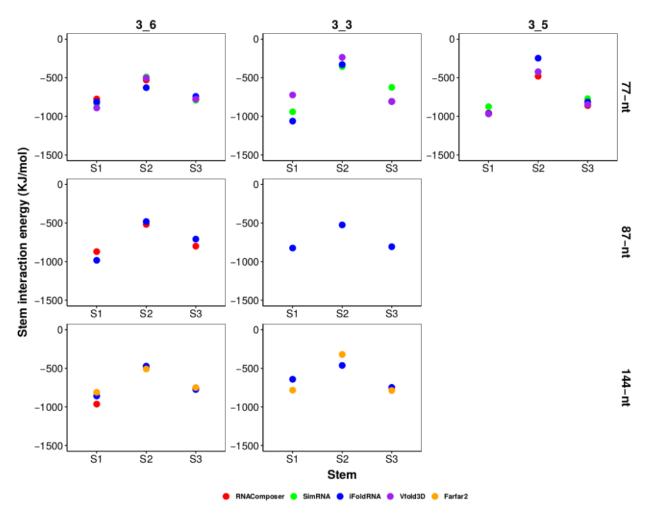
Supplementary Figure 14: Comparison of the motif-strengthening mutants to the wildtype systems. The largest cluster center structures of the mutants (shown in cartoon mode) are aligned with those of the wildtype (mesh mode), following enumeration in Table 1. Representative systems are numbered in red. Stem 1 is colored blue, Stem 2 red, and Stem 3 green. The mutated residues are drawn as spheres by PyMol.



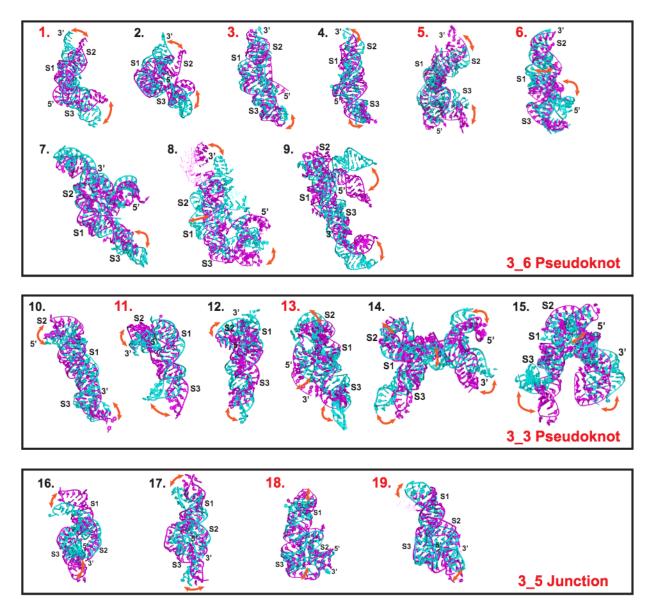
Supplementary Figure 15: Secondary structures of the 3\_3 pseudoknot for 87 and 144-nt FSE models are shown as arc plots at top, with trajectories labeled as in Table 1. The 3 stems and the flanking stem SF are labeled. The alternative Stem 2 of 3\_6 and 3\_5 are indicated at bottom. As we can see, formation of stem SF blocks these alternative Stem 2.



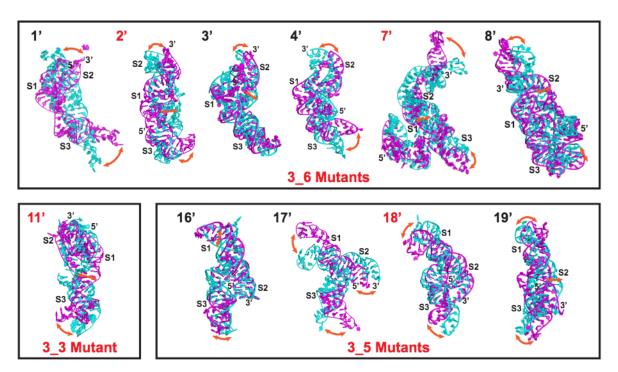
Supplementary Figure 16: Number of H-bonds in the three stems of the wildtype 3\_6, 3\_3, and 3\_5 conformations for 77, 87, and 144-nt. Stem 2 is weakest in all three motifs. At 77-nt, 3\_6 has the strongest Stem 2. At 87-nt, 3\_3 has a slightly stronger Stem 2 than 3\_6.



Supplementary Figure 17: Interaction energy between the strands in the three stems of the wildtype  $3\_6$  and  $3\_3$  conformations for 77, 87, and 144-nt.



Supplementary Figure 18: Dominant motions in the 19 validated wildtype systems revealed by principal component analysis, with trajectory number as defined in Table 1. Representative systems are numbered in red. Two extreme frames are extracted and colored in magenta and cyan. The stems and the 5' and 3' ends are labeled when visible, and the motions are highlighted using arrows. In trajectories 8 and 19, some of residue distances in the two extreme frames are higher than usual, and these residues can only be visualized using line drawing method in PyMol.



Supplementary Figure 19: Dominant motions in the 11 validated mutant systems revealed by principal component analysis, with trajectory number as defined in Table 1. Representative systems are numbered in red. Two extreme frames are extracted and colored in magenta and cyan. The stems and the 5' and 3' ends are labeled when visible, and the motions are highlighted using arrows.

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